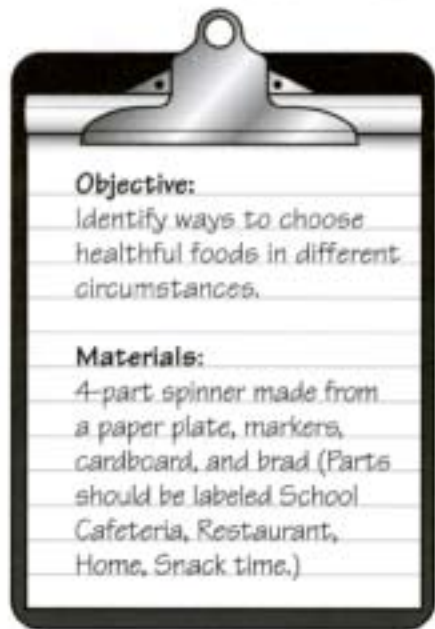


Health Clipboard Activity 15

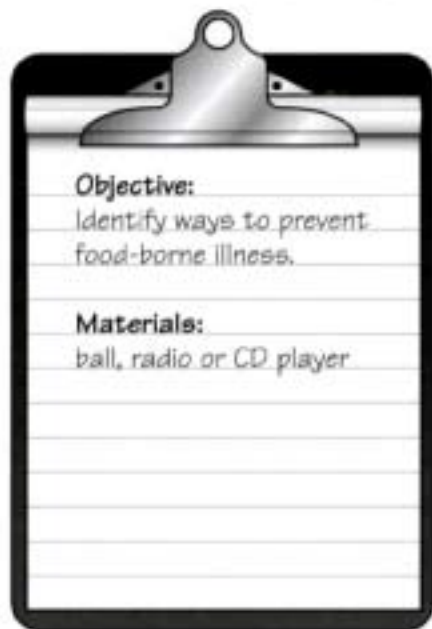


Healthful Food Spin

For groups of students: Students in groups of four take turns spinning the spinner and giving a tip for choosing healthful foods in the environment indicated on the spinner. Play continues until each environment has been selected at least once and each student has had two turns. Students can play longer if time permits.



Health Clipboard Activity 16



Handle Food Safely Game

As a class: Students sit in a circle. When the music starts, students pass the ball around the circle. When the music stops, the student left holding the ball must name a way to prevent a food-borne illness, such as those listed on page B53. That student then takes his or her seat and the game continues until only one student, the winner, remains.